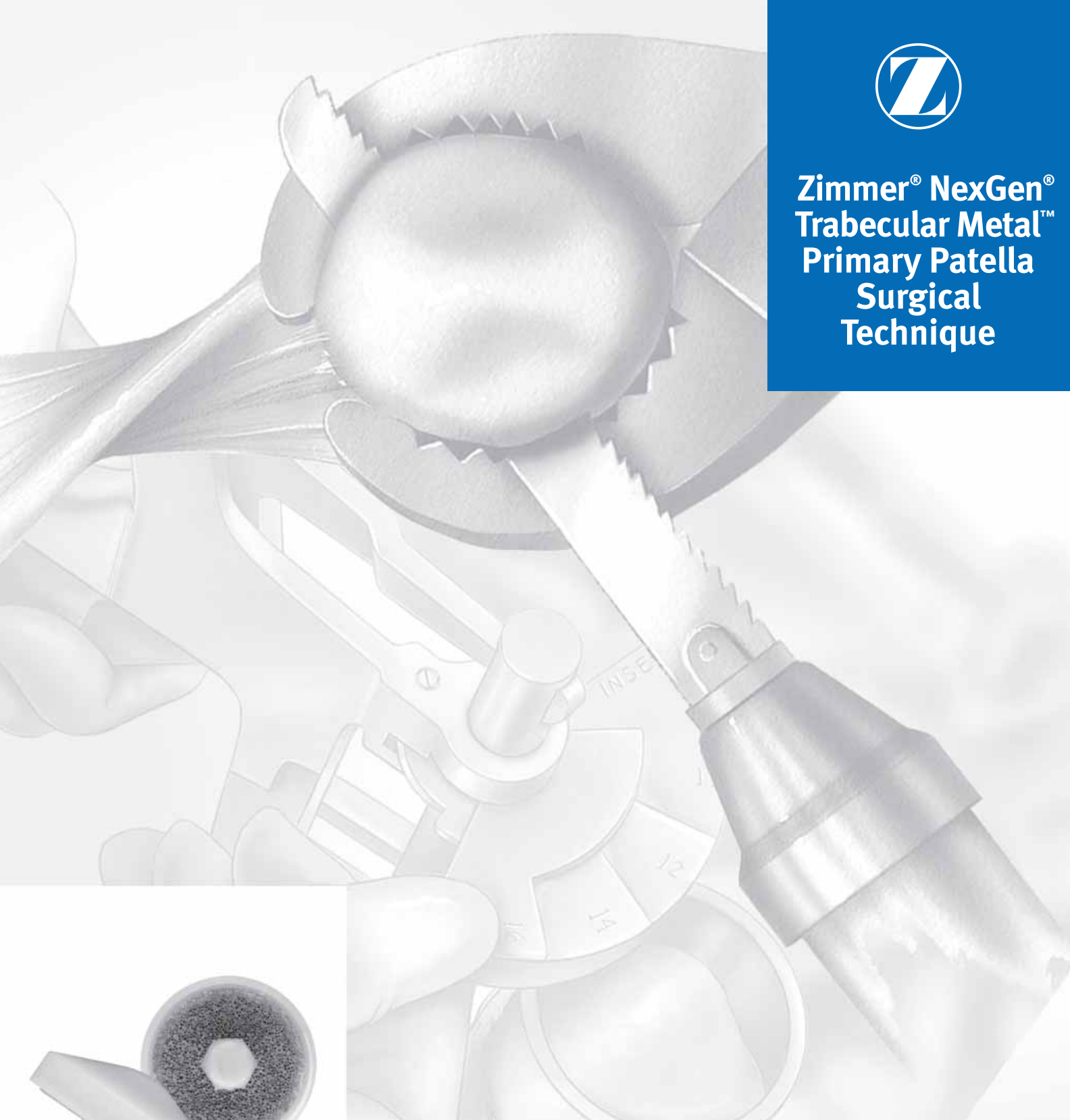




**Zimmer® NexGen®  
Trabecular Metal™  
Primary Patella  
Surgical  
Technique**



A novel cementless option



**zimmer**  
Confidence in your hands™

## **Zimmer® NexGen® Trabecular Metal™ Primary Patella Surgical Technique**

Developed in conjunction with

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Chief, Division of Orthopaedic Surgery  
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Baltimore, Maryland

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## Prepare the Patella

Sharply dissect through the pre-patellar bursa to expose the anterior surface of the patella. This provides exposure for affixing the anterior surface into the Patella Clamp. All osteophytes and synovial insertions must be removed from the periphery of the patella. Be careful not to damage tendon insertions on the bone. Use the caliper to measure the thickness of the patella (Fig. 1). Subtract the implant thickness from the patella thickness to determine the amount of bone that should remain after resection. At least 12mm of total bone should remain to allow sufficient bone stock for the implant peg (Fig. 2). If bone stock is not sufficient, a primary all-poly cemented patella is recommended.

There are three techniques for preparing the patella:

- ① Reamer technique
- ② Insetting technique
- ③ Universal saw guide technique

**Patella Thickness–Implant Thickness=Bone Remaining**

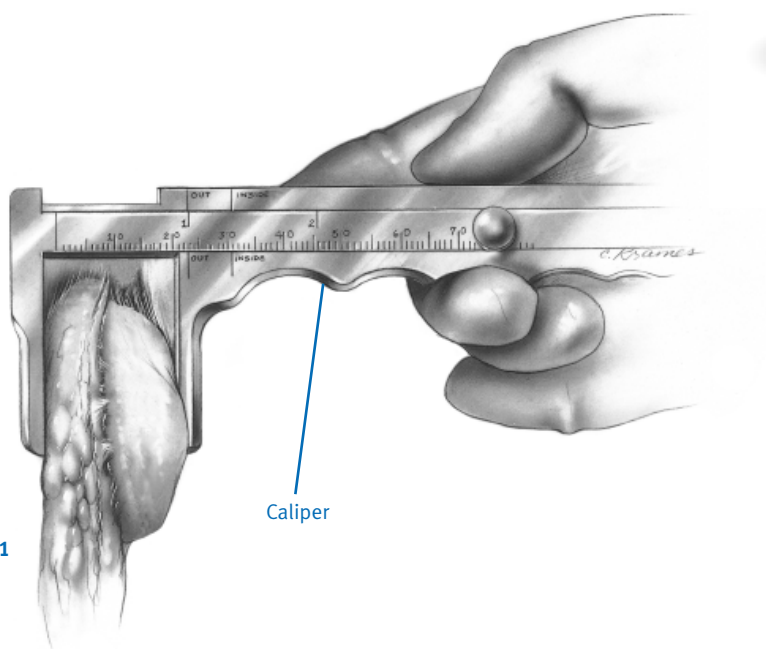


Fig. 1

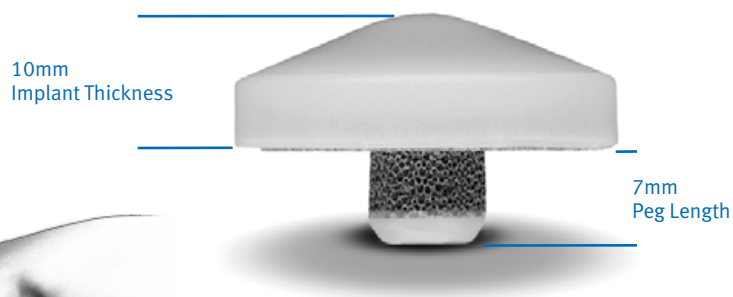


Fig. 2

1

## Patella Reamer Technique — Total Resurfacing Procedure

Use the Patella Reamer Surfacing Guides as templates to determine the appropriate size guide and reamer. Choose the guide which fits snugly around the patella, using the smallest guide possible (Fig. 3). If the patella is only slightly larger than the Total Surfacing Guide in the mediolateral dimension, use a rongeur to remove the medial or lateral edge until the bone fits the guide.

Insert the appropriate size Patella Reamer Surfacing Guide into the Patella Reamer Clamp (Fig. 4). Turn the locking screw until tight.

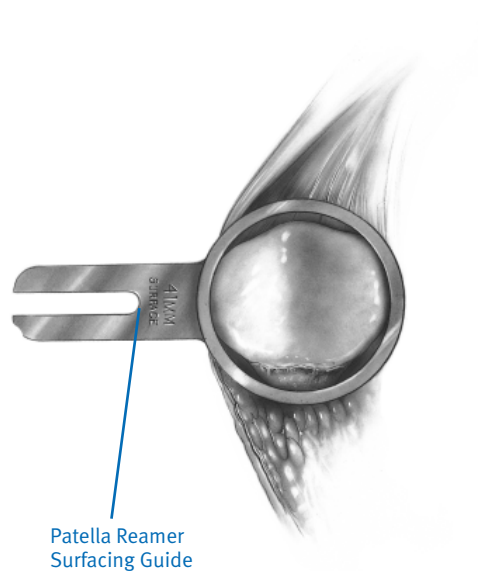


Fig. 3

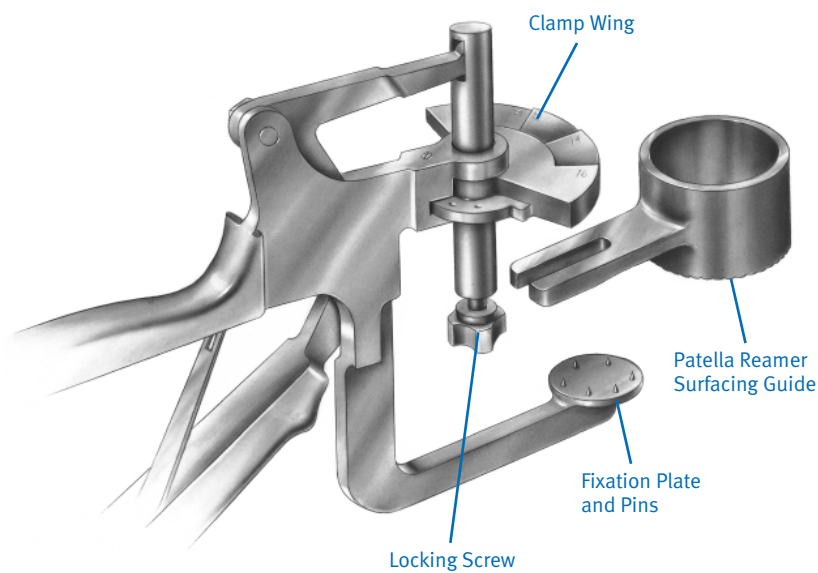


Fig. 4

Apply the Patella Reamer Clamp at a 90° angle to the longitudinal axis, with the Patella Reamer Surfacing Guide encompassing the articulating surface of the patella. Squeeze the clamp until the anterior surface of the patella is fully seated against the fixation plate (Fig. 5). Turn the locking screw to hold the instrument in place. The anterior surface must fully seat upon the pins and contact the fixation plate.

Turn and set the clamp wing to the amount of bone that is to remain after reaming (Fig. 6).

Attach the appropriate size Patella Reamer Blade to the appropriate size Patella Reamer Shaft (Fig. 7). Use only moderate hand pressure to tighten the blade. **Do not overtighten the blade.** Insert the Patella Reamer Shaft into a Drill/Reamer. Insert the reamer assembly into the Patella Reamer Surfacing Guide. Raise the reamer slightly off the bone, bring it to full speed, and advance it slowly until the prominent high points are reamed off the bone. Continue reaming with moderate pressure until the step on the reamer shaft bottoms out on the clamp wing. Remove the Reamer Clamp assembly.

(Proceed to Preparation of *Trabecular Metal* Peg, page 7.)

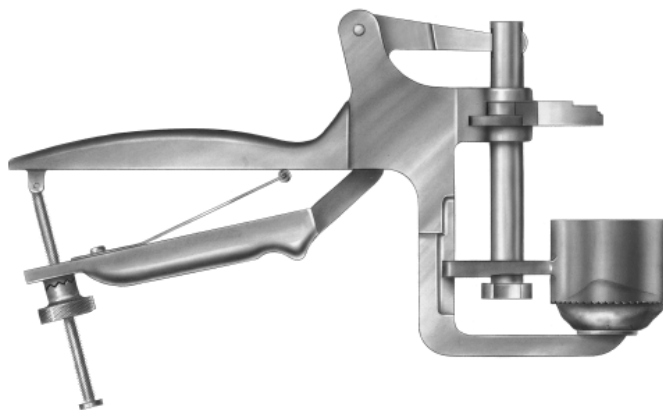


Fig. 5

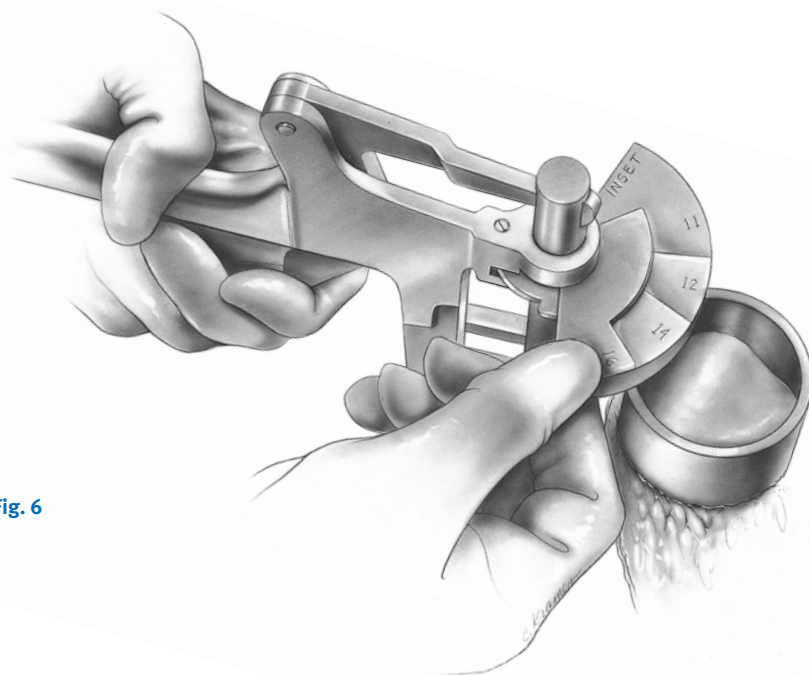


Fig. 6

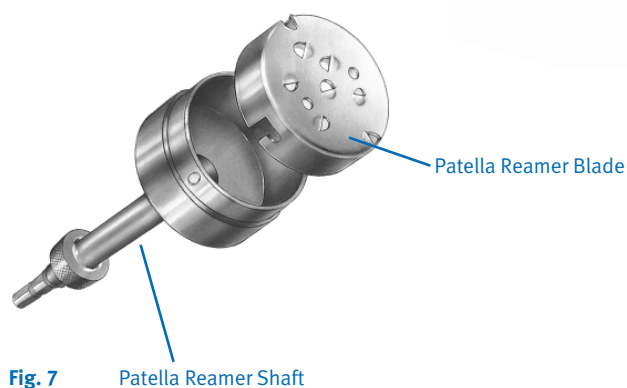


Fig. 7

Patella Reamer Shaft

Patella Reamer Blade

## 2

## Insetting Technique

Use the Patella Reamer Insetting Guides as templates to determine the appropriate size guide and reamer. Choose the guide which will allow approximately 2mm between the superior edge of the patella and the outer diameter of the guide (Fig. 8).

Insert the appropriate size Patella Reamer Insetting Guide into the Patella Reamer Clamp. Turn the locking screw until tight.

Apply the Patella Reamer Clamp at a 90° angle to the longitudinal axis with the Patella Reamer Insetting Guide on the articulating surface. Squeeze the clamp until the anterior surface of the patella is fully seated against the fixation plate. Turn the locking screw to hold the instrument in place. The anterior surface must fully seat upon the pins and contact the fixation plate.

Turn the clamp wing to the “inset” position (Fig. 9).

Attach the appropriate size Patella Reamer Blade to the appropriate size Patella Reamer Shaft (Fig. 10). Use only moderate hand pressure to tighten the blade. **Do not overtighten the blade.**

Use the Patella Reamer Depth Stop to control the amount of bone to be removed, based on the constant thickness (10mm) of the implants. The Depth Gauge Wing can be used instead of the stops to control the amount of bone remaining, rather than the amount of bone removed. The procedure is then the same as that described under Total Resurfacing (page 3 & 4). Insert the reamer assembly into the Patella Reamer Insetting Guide. Raise the reamer slightly off the bone, bring it to full speed, and advance it slowly until the prominent high points are reamed off the bone. Continue reaming with moderate pressure. Remove the Reamer Clamp assembly.

**Note: See your local Zimmer representative for a detailed surgical technique on the Zimmer Patella Reamer System.**

(Proceed to Preparation for *Trabecular Metal Peg*, page 7.)



Fig. 8

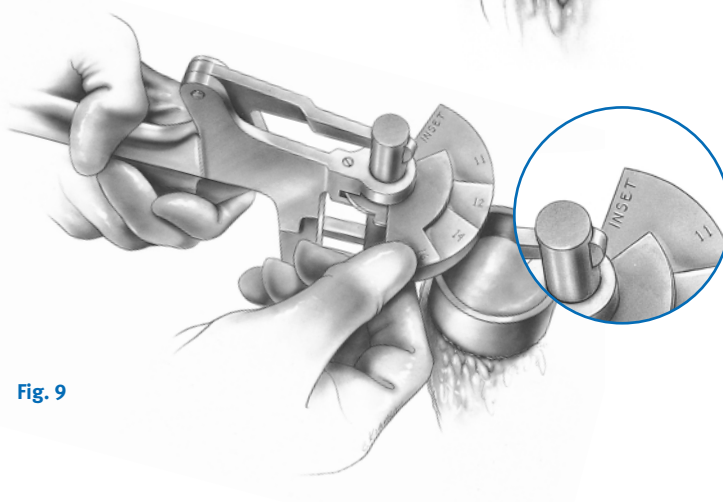


Fig. 9

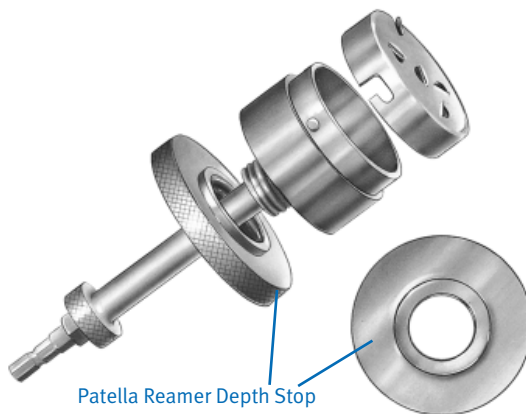


Fig. 10

Patella Reamer Depth Stop

3

## Universal Saw Guide Technique

Apply the Universal Patellar Saw Guide in line with the patellar tendon. Push the patella up between the jaws of the saw guide. Level the patella within the saw guide jaws and use the thumbscrew to tighten the guide.

The amount of bone to be resected across the top of the saw guide jaws should be approximately the same on all sides. Check to be sure that the 10mm gauge does not rotate beneath the anterior surface of the patella. If the gauge hits the anterior surface of the patella as it is rotated, this indicates that at least 10mm of bone stock will remain after the cut (Fig. 11). It is recommended that a minimum of 12mm of bone remain to allow sufficient bone stock for the implant peg.

Cut the patella flat so that a smooth surface remains (Fig. 12).

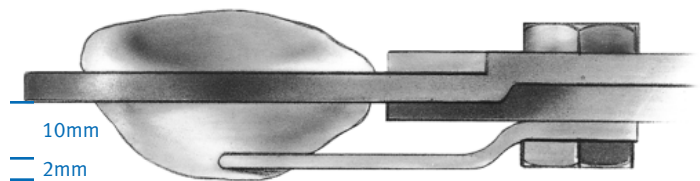


Fig. 11

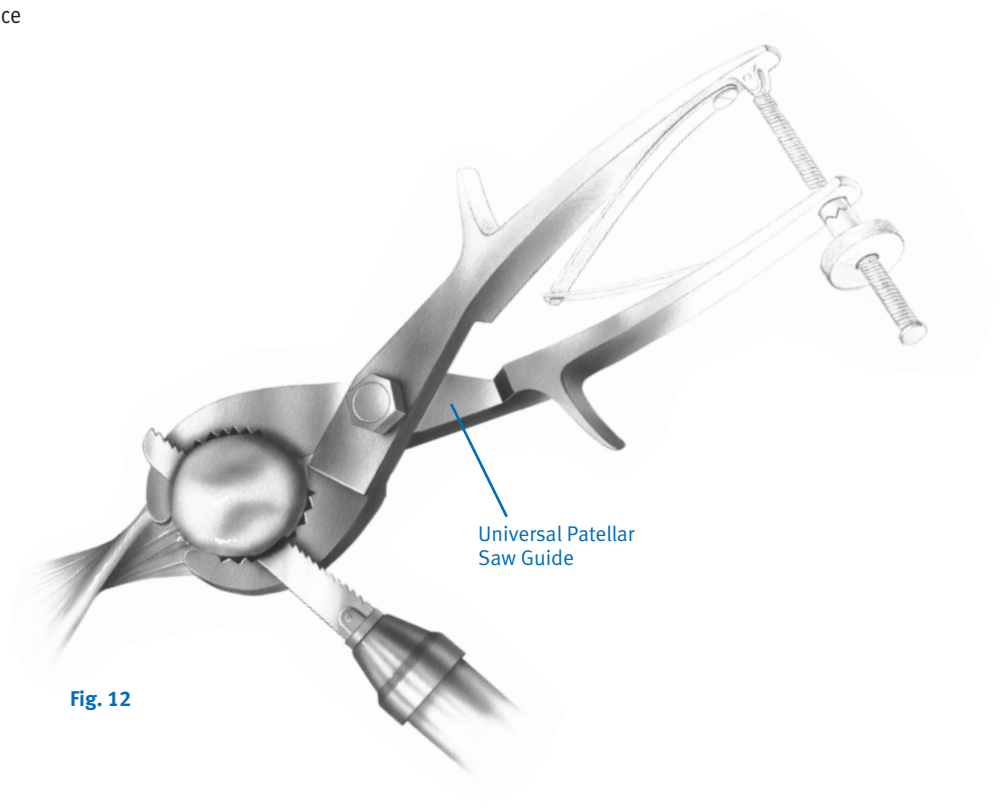


Fig. 12



## Preparation for Trabecular Metal Peg

Center the appropriate Patellar Drill Guide over the resected patella surface with the handle on the medial side of the patella and perpendicular to the tendon (Fig. 13). Press the drill guide firmly in place so that the teeth fully engage and the drill guide uniformly contacts the bone surface (Fig. 14). The *Trabecular Metal* Primary Patella Clamp may be used to fully seat the drill guide on hard sclerotic bone surfaces. Drill the peg hole making sure the drill stop collar contacts the top of the drill guide (Fig. 14, inset).

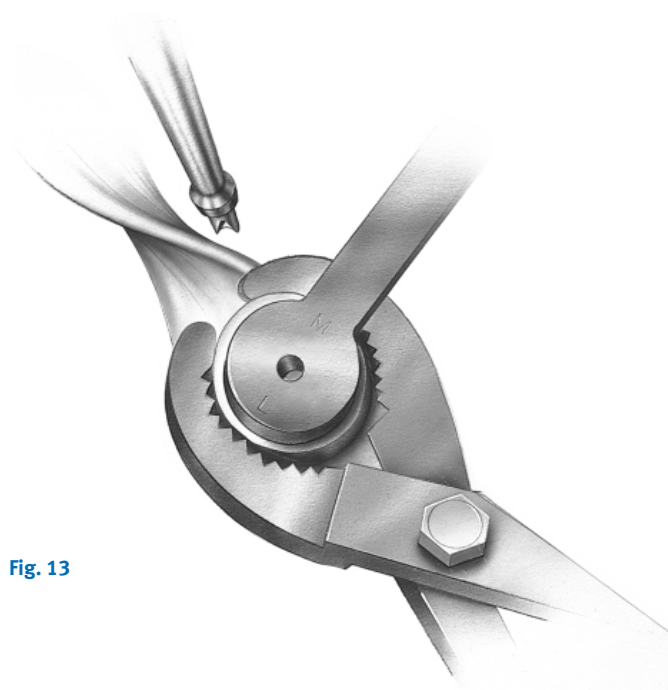


Fig. 13

## Trial Reduction

Using the appropriate provisional patella (trial), ensure that the peg is fully seated and that the base of the provisional is uniformly contacting the resected/reamed patella. Perform a trial reduction prior to insertion of the *Trabecular Metal* Primary Patella.

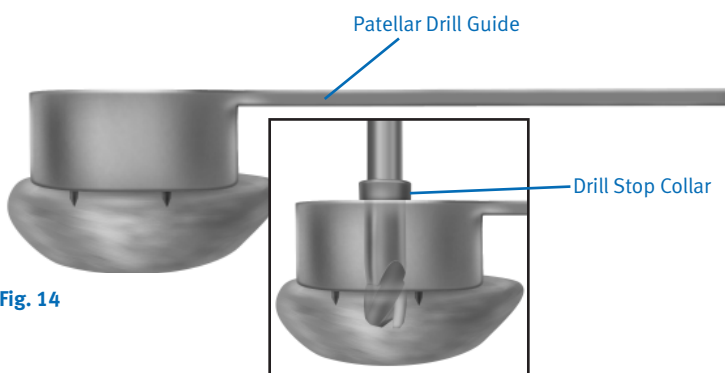


Fig. 14



## Insertion

Use thumb pressure to begin seating the *Trabecular Metal* Primary Patella past the poly tip (Fig. 15). Fully open the jaws of the Patella Clamp and align the teeth to the anterior surface of the patella and the plastic ring to the posterior surface of the implant. Using the Patella Clamp, apply constant, firm pressure to fully seat the implant on the patella surface (Fig. 16). Ensure that the base of the *Trabecular Metal* Primary Patella is uniformly contacting the resected/reamed patella (no gaps).

**Note:** If the *Trabecular Metal* peg cannot be started with hand pressure or begins to engage at an angle, remove the implant and restart the insertion with hand and thumb pressure. If the *Trabecular Metal* peg again resists engagement because of hard sclerotic bone, additional insertion pressure may be applied with the Patella Clamp, with careful attention to coaxial alignment of the hole and *Trabecular Metal* peg. If the *Trabecular Metal* peg is malaligned, it must be removed and realigned. The Patella Clamp cannot correct for misalignment, and care must be taken to avoid fracture if used during initial placement. Once the *Trabecular Metal* peg is initially engaged and properly aligned, the Patella Clamp is used to fully seat the implant.

If bone cement is used, apply cement to the *Trabecular Metal* base while the cement is in a doughy consistency. Then, follow the instructions above for insertion of the implant. After visualizing and ensuring that the implant is fully seated and flush with the resected/reamed patella, remove all excess bone cement and ensure that there is no bone cement on any of the articulating surfaces.

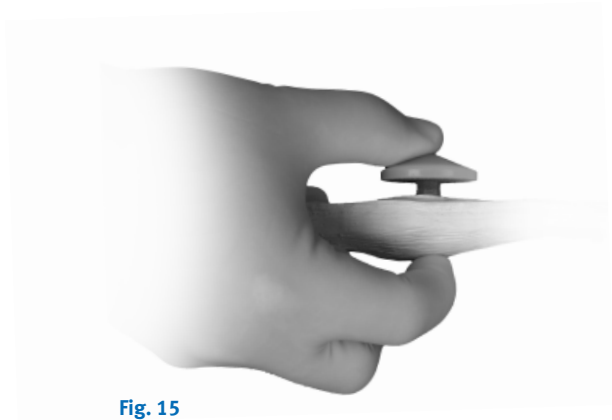


Fig. 15

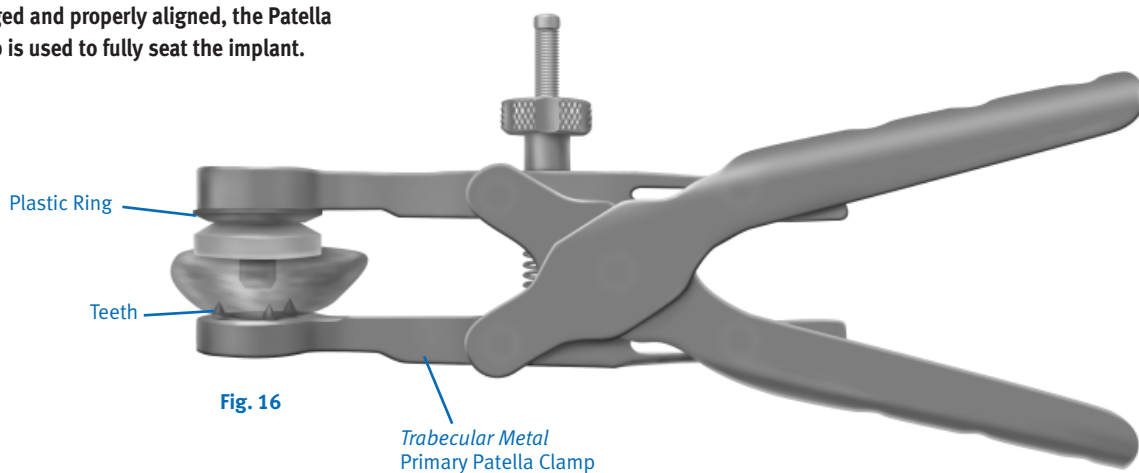


Fig. 16

Trabecular Metal  
Primary Patella Clamp

## Trabecular Metal Primary Patella Ordering Information

### IMPLANTS

Catalog No.	Description
<b>5878-09-00</b>	<b>Trabecular Metal Standard Implant Set (Includes 1 each of the following)</b>
5878-65-32	<i>Trabecular Metal</i> Primary Patella, 32mm x 10mm
5878-65-35	<i>Trabecular Metal</i> Primary Patella, 35mm x 10mm
5878-65-38	<i>Trabecular Metal</i> Primary Patella, 38mm x 10mm
5878-65-41	<i>Trabecular Metal</i> Primary Patella, 41mm x 10mm
<b>5878-09-01</b>	<b>Micro Trabecular Metal Implant Set (Includes 1 each of the following)</b>
5878-61-26	Micro <i>Trabecular Metal</i> Primary Patella, 26mm x 10mm
5878-61-29	Micro <i>Trabecular Metal</i> Primary Patella, 29mm x 10mm
5878-61-32	Micro <i>Trabecular Metal</i> Primary Patella, 32mm x 10mm
5878-61-35	Micro <i>Trabecular Metal</i> Primary Patella, 35mm x 10mm

### INSTRUMENTS

Catalog No.	Description
<b>5973-34-00</b>	<b>Instrument Set (Includes 1 each of the following)</b>
5879-65-32	<i>Trabecular Metal</i> Primary Patella Provisional, 32mm x 10mm
5879-65-35	<i>Trabecular Metal</i> Primary Patella Provisional, 35mm x 10mm
5879-65-38	<i>Trabecular Metal</i> Primary Patella Provisional, 38mm x 10mm
5879-65-41	<i>Trabecular Metal</i> Primary Patella Provisional, 41mm x 10mm
5879-61-26	Micro <i>Trabecular Metal</i> Primary Patella Provisional, 26mm x 10mm
5879-61-29	Micro <i>Trabecular Metal</i> Primary Patella Provisional, 29mm x 10mm
5879-61-32	Micro <i>Trabecular Metal</i> Primary Patella Provisional, 32mm x 10mm
5879-61-35	Micro <i>Trabecular Metal</i> Primary Patella Provisional, 35mm x 10mm
5879-67-26	<i>Trabecular Metal</i> Primary Patella Drill Guide, 26mm x 10mm
5879-67-29	<i>Trabecular Metal</i> Primary Patella Drill Guide, 29mm x 10mm
5879-67-32	<i>Trabecular Metal</i> Primary Patella Drill Guide, 32mm x 10mm
5879-67-35	<i>Trabecular Metal</i> Primary Patella Drill Guide, 35mm x 10mm
5879-67-38	<i>Trabecular Metal</i> Primary Patella Drill Guide, 38mm x 10mm
5879-67-41	<i>Trabecular Metal</i> Primary Patella Drill Guide, 41mm x 10mm
5879-52-00	<i>Trabecular Metal</i> Primary Patella Drill
3895-00-00	Townley Femoral Caliper
5781-62-00	Universal Patellar Saw Guide
5879-41-00	<i>Trabecular Metal</i> Primary Patella Clamp
5879-90-00	<i>Trabecular Metal</i> Primary Patella Instrument Case

Contact your Zimmer representative or visit us at [www.zimmer.com](http://www.zimmer.com)